

2016 - YEAR OF LIGHT

2016-01-16

- 2016-0116-001 Beloved and holy and only Child of our heavenly Father, Child of the one Source, Child of Light, divine. That is who you are. Take it deeply within the consciousness and contemplate what that means. Child of the one Source, Child of Light, divine.
- 2016-0116-002 I am the one known as Jeshua ben Joseph, Jesus you have called me, and it is in great joy that I come to abide with you this evening in your timing as you have chosen once again to call me forth. Great joy of reunion, great joy of remembrance, for truly you have been with me before. This is not the first time that we are meeting. I am in your heart. I am in your thoughts. I hear your prayers. I hear your wishes. I hear all that you are desiring, and truly, beloved ones, it will come to be.
- 2016-0116-003 That which you have been working towards, as you understand working towards something, it is going to be coming forth for you. It has been in what you would call the labor for a while, many lifetimes, truly, where you have been wanting to know, "Who, what am I? Why am I? What am I supposed to be doing?"
- 2016-0116-004 You have asked that of yourself. You have asked that of me. I have heard that in your prayers when you have been wondering, "Why am I here? Why do I suffer? Why do I feel joyful from time to time? Why?" And truly you are coming this year to know why. You are coming to a place where you will know that truly you are the beloved and always have been, and when the purpose of time has been fulfilled, you will still be that which you have been: love forever; past the time and past the concept of time.
- 2016-0116-005 But that is a bit much to take in, so therefore we will not dwell on that just now. It is something that you will take into your meditation from time to time and think about, the whys and the answers and time itself, for truly time is a vast subject. Time is something that you create in order to measure from one experience to another experience and what you see to be the history, and you are wondering, "What and who have I been before? Have I been before?"
- 2016-0116-006 Your holy writing called your biblos, the Bible, does not speak of reincarnation. I did. But when the holy Fathers and my friends got together to write the history that you have in the Bible, they decided that if ones had an understanding that they had lived before or could live again, then perhaps this lifetime they could do anything they wanted to do, and they'd make up for it next time.
- 2016-0116-007 Many of you have lived that way, where you have lived whatever you wanted to do, and said, "I'll make up for it in my next lifetime. I will do 100,000 Hail Mary's." Some of you know what I'm speaking of. But then next lifetime came and

you forgot that you had promised, and you maybe did one or two, and then you decided, "Oh, I can make up for that some other time." And some other time, as you understand, hardly ever comes, because you are too busy living in the now to think about whatever you had promised that you would do, except there is a bit of the small voice in the back of the mind that says, "There's something I've forgotten. I can't quite remember what it is, but there's something that I was supposed to do, something I was supposed to remember."

- 2016-0116-008 You have many authorities in your world, your religious authorities and all other kinds of teachers, who will tell you what you are supposed to be remembering, and so you remember all of that which they tell you, and yet at the same time there is still that little voice that says, "But there's something else you promised to do."
- 2016-0116-009 What you promised to do was to wake up, to begin to understand and to take your power of the Light, the power of being, and to live that power. That is what this lifetime is about. That is what you are doing now in this lifetime. That is why you are here in this room. It is why you are within the sound of my voice, and it is why you are reading the words that you may be reading. It is because you have agreed that this is the lifetime that you will wake up and that you will realize—fully make real in your awareness and in your consciousness—fully make real the truth of your being, to come truly alive as the Light that you are.
- 2016-0116-010 Now, when you look upon friends, you see their Light. You feel their Light. Sometimes it is not a visible light that you see with the eyes, but it is a Light that you know, that you can feel with them. You feel—you have a saying in your world—you feel turned on by their Light. You feel that you come alive in that Light, in your own Light and in their Light.
- 2016-0116-011 When you are with someone and you feel that there is a certain rapport between the two of you, there is a light that goes on, and it feels good. It brings forth laughter. It brings forth the hugs. It sometimes brings forth the questioning of, "Where have you been all of my lifetimes? I'm glad you are back again. I'm glad you have heard the invitation, and I'm glad you have answered that invitation."
- 2016-0116-012 Beautiful one, where is your smile? I find Light in your smile. It is beautiful. Remember to smile. All of you, as often as you can remember to do so, smile. It is good for the face. It is good for everyone around you. For truly when there is the smile, there is the relaxation of all of the judgments, all of the thoughts that have gone before, and you get to a place where you can feel lighter about yourself. You can celebrate the day of your birth, the day of your awakening.
- 2016-0116-013 Truly, whenever you have what is called the turning of the year and you have a birthday celebration, there is a feeling that you know, "I am a bit wiser than I used to be. I am a bit more smiling than I used to be. I allow all of the heaviness

to fall off the shoulders, because truly I have carried it long enough, and now I am born anew."

- 2016-0116-014 That is what the saying means, to be born anew. It means to celebrate a birth day of coming to a place of saying, "I am now wiser than I was a year ago. I am now lighter. I am born anew." So those of you, every time you come to a birthday, you celebrate it of course, but you also can say to your friends who feel this to be important, "I am born anew today."
- 2016-0116-015 They will say congratulations, welcome, because that is language they understand, but it is the truth of your being. Every day, truly, you are born anew. Those of you who have had things in the past—and all of you have—where you have suffered, where you have felt put down or you have felt confused or sad about something that happened, where is that? It is in the memory. It is in the past. You can be born anew every day and leave the past in the past.
- 2016-0116-016 I see you; you drag it along with you. It is very heavy, and you drag it, drag it, drag it, and drag it, and it gets heavier every day. But I would entreat you to take that heavy sack of whatever has happened in the past and to bring it out in front of you, right in front of you and open it up. Look to see. There's nothing there. It is gone. You have that power.
- 2016-0116-017 Every day you can be born again, born anew. You take that heavy pack that all of you carry from time to time—I see you as you carry these things—you can take that and bring it in front of you and say, "Okay, what's in here. I'm really afraid to look at it. I've been told that it's really bad, and it's really going to do me in, but I'm curious. I'm going to open it up." But there's nothing there. What a feeling of relief. Magic? Yes, because you know how to do magic.
- 2016-0116-018 A long, long time ago in a land far, far away, you decided you were going to do something. You, as the one Mind that is always going forward creating and experiencing, wanted to know, "How would it feel to create? How would it feel to experience creation? How would it feel to experience the creations that you bring forth?"
- 2016-0116-019 So you brought forth lilies, daffodils, daisies, roses, moonbeams, all of the things of beauty, and you knew yourself to be in a garden, a beautiful garden. You looked around and you wondered, "What else can I create? Can I have someone who will share this with me?" And you did. You created someone like you to enjoy the beauty that you had created and that you kept on creating—the sunrises, the sunsets, everything of nature, everything that you considered to be beautiful, and you were happy.
- 2016-0116-020 You knew yourself to be the creator of what you were experiencing, what you were seeing, and you knew the other one was feeling the same as you were. There was a rapport, if you will, a sameness of one Mind come forth to

experience. You created all of the places to be, where you wanted to be, and they were beautiful like the original.

- 2016-0116-021 Then there came a thought, "What else, what else can I create?" So you created the certain life forms that would eat the plants, that would do other things to your creations. You experienced being in the creation that you were making, and you played the competition, as you call it now, to see which creation could run faster, climb higher, see farther, swim in the oceans that you had created, everything you could think of to experience.
- 2016-0116-022 And there came a certain forgetting that you were the one creating, that you were the one who created the tallest trees and the animals that would climb the trees. You became the animals that would climb the trees, because you wanted to see, "What does it look like from the topmost branch looking down? What does it look like looking up in the form?"
- 2016-0116-023 You created all form, all kinds of forms. There was peace and there was happiness, and there was still one Mind. Then you had another thought. "What else can I create? In the competition, can I create something that is stronger than what my friends—by this time you had created other friends—create, something stronger, more powerful that can run faster, climb higher, see farther, swim faster? Can I come to a place of the competition where my object can overcome the other?"
- 2016-0116-024 It was still a game. It was still one Mind playing within the one Mind, and the knowing that it was all from the same divinity, the same energy. But as more and more of your attention became fascinated by the creations, there was a forgetting that you were the one who was creating. There was a forgetting that truly there is but one Mind—capital "M".
- 2016-0116-025 You know that even now. There are times when you tune in to each other, and you can tell what the other one is feeling or thinking or planning. You have a feeling, and you wonder sometimes, "Where did that feeling come from? Where did that thought come from?" You may think of someone, and then some of your technology sounds off and you say, "Oh, they are on the telephone there calling me." You knew, before you even picked it up, who it was going to be, because you still live within the one Mind.
- 2016-0116-026 You don't focus on it as much as you did, but it is still there. It is still an intuitive power that you have not lost. You know how the mate is feeling. She may not say a word. She may just have feelings of whatever, and you tune in to it. You know how it is. You know when your friends are having a good day, and you know when they may be trying to have a good day. You can feel, because you are still in the one Mind, even if you do not focus or attend to it.

- 2016-0116-027 Then as the feeling of distance grew, the feeling of separation, that I am separate from you, my creations are separate from your creations, my creations are better than yours, there was a sense of distancing and a sense of competition. You have been living with that feeling for a long, long time, so long that you have almost, but not quite, forgotten that you are creating your reality—lower case "r"—that you are creating your experiences, and you are also creating your reactions to your creations.
- 2016-0116-028 You can take a ball, for instance. Say that I am holding a ball right here. It is a blue ball, about this size. You can imagine how it would feel to hold it, to feel the roundness of it, how it would feel to bounce it and perhaps to catch it, how it would feel to throw it, how it would feel to have it come back to you. You have experienced not only this lifetime, but other lifetimes, and you call upon that from time to time.
- 2016-0116-029 You feel yourself to be creator of the ball, without focus, and you feel yourself to be separate from your creation. You would say, "Well, I'm not the ball. I maybe went to WalMart and bought this round thing. They call it a ball, and it does certain things; I can bounce it, whatever; I can throw it up, I can catch it; whoops, I missed it. I know I can do certain things with it, but I am not the ball. The ball is separate."
- 2016-0116-030 You have taken that now to a certain degree quite far out, so that you feel now separate from the chair that you sit on, separate from the dwelling place that you are in, separate from each other. You have certain personality traits. You have other personality traits. Each one of you would say, "I am unique. I am special," and you are, but there is always the one Mind that joins you together, and that has been forgotten.
- 2016-0116-031 That is what this year is about. The last time when we met this way, we spoke of the predictions of this year, and I spoke how there is going to be more Light coming forth in this year. The Light is going to be showing up the places of darkness. That is why you see so much being mirrored back to you by your news media. They bring you a picture of what is seemingly happening, and it looks very dark. That is because there is more Light shining on it.
- 2016-0116-032 Before there was less focus. Now there is more focus, and it seems to be getting darker and darker with more pockets of suffering. In truth, those pockets of suffering have always been there, but now the Light is shining a bit stronger, and it is showing up the dark places in more clarification.
- 2016-0116-033 The Light that you are is growing stronger every time you have a thought that says, "I am the Light," every time you have a thought that says, "I believe, I believe that the Light is getting stronger," even if you follow it with that very famous saying, "Help thou mine unbelief." In other words, I believe, I want to believe, I do believe, but sometimes I need a little bit of help to really believe.

That is okay, because you are focusing on the Light, and the Light is going out and is showing up the pockets of darkness.

2016-0116-034 Whereas before, there was not as much Light, and everything seemed more gray, now you have distinct Light and distinct dark, and that is why I spoke so optimistically when we met a couple of weeks ago and we spoke of this year, because truly you are making changes. You individually in your lives have come to a certain point of wanting change, of knowing that you can make change, and collectively that is happening on the broad scale as well.

2016-0116-035 Ones have suffered enough. Ones are at the place where they want to be relieved of the suffering. As we have mentioned in other times, the ones who seem to be going through suffering are the ones who have volunteered for a while to play that scripting so that there can be a focusing upon what is seemingly happening and what can be changed. They have volunteered to be part of the groupings that seemingly are suffering.

2016-0116-036 Attend to that word, seemingly, because in truth, that is how you are receiving the information that they are suffering. But are they truly suffering? Not really. They are playing a part that they have volunteered to play, and they are doing a very good job of it so that you can see the difference between Light and dark, and the Light is growing.

2016-0116-037 Now, when we have spoken of separation and of the focus upon whatever you are creating, upon your creations, you have chosen to be in a certain grouping of ones who are seeing much of division, much of separation. Why? Because you have wanted to know—and there is no judgment in this, so hear this well—you have wanted to know, "How does it feel to be in an experience unlike love?" Because you know, at the basis of you, the very basic element, the very basic, tiny piece as you might see yourself, that you are love. This is your essence. You want to love. You want to be loved. You know that truly that is all there is, is love.

2016-0116-038 But you have said, "For a while, I want to try out what it feels like to be outside of that." So you and some of the other ones, as you call other aspects of yourself, you have said, "We will play on a planet far, far out in space, a warring planet where ones are in competition, where ones have forgotten how to love." And then ones such as you come along and say, "Hey, the rules, those aren't the rules. I know different rules. I'm not going to play by those rules."

2016-0116-039 And you start changing everything. Then the ones who are seemingly your playmates wonder, "What is going on? What has changed? Why has it changed? What page are we on?" In other words, in the scripting, what page? Because you are changing things. You have said, "Okay, I've had enough of this. I have felt unloved long enough. I have felt separate from my whole being. I have felt that long enough. I want to know love. I want to feel love. I want to give love. I want to live in an ocean of love," and you are going to.

- 2016-0116-040 In this year you are clearing out a lot of the dark. Why? Because you have had it up to here, above the head, up to here. You have had it. Some of you have had it in the first few years of your lifetime, enough that would do forever, for eons, and you have said, "Okay, okay, done; I am going to live in love now. I am changing the rules," and you do; you step out.
- 2016-0116-041 Sometimes you're a little bit hesitant, and you say, "Well, I want to have a little change, maybe a little change. Okay, I'll do it. And what do you know? It worked. It was okay. I went up to that person, and I said to them, "Hey, I'm really glad to see you. I'm glad you came," and you're thinking on the inside, "I hope it's okay to say that, because I really want to live in love, and I don't want something like love that's coming back at me. But I want to try it. Can I really try it? Yes, I can try it." So you bring both feet together, and you say, "I'm glad you're here. I have missed you. I have missed having you in my life. I really want to play again as we used to play."
- 2016-0116-042 At that point, what do you think the Light does? It goes on, yes. It extends, and it grows brighter. If there is any part of darkness, it will show up, and then it will disappear. You have a saying in your world that is very, very true, and it's a very good saying to remember, that the darkness cannot extinguish the light of a single candle.
- 2016-0116-043 A candle flame will always be light. You put it in a dark room; the darkness cannot extinguish that light. That is who and what you are. You are the candle. Remember your Light. Let it shine. Smile. Know that truly you have the courage to come forth and to live in Light.
- 2016-0116-044 You have chosen out of great courage to live on a planet far, far away; far, far away, seemingly, from love, in order to bring your Light to it, to play in the darkness and then to be the light of the candle, to shine in love, and to find other ones who want to feel that Light as well. And what happens when you get together with other ones who have that Light, and they want to play with the Light? What happens? It magnifies itself, yes.
- 2016-0116-045 There is a French word that comes forth—l'Amour. That is your word **[Mark: That's right]** It is your scripting, you see? L'Amour; always the love, it comes forth. **[Mark: It makes us radical, too]** Oh, you are very radical. That is why you have said, "I will be here in this lifetime. I will be the radical." Each and every one of you have said, "These rules are not for me. They are crazy rules. They talk of separation. They talk of not liking. They talk of judgment. Hmm, I don't have to go there. I'm making new rules. I'm making the rules of love, of friendship, of kindness." **(Mark: Love)** Love; very good. He does know his scripting.
- 2016-0116-046 This year is going to be a wonderful year for each and every one of you. You are going to be finding more and more Light, and that is going to show up more and

more darkness. So I tell you that ahead, because when you see the darkness, do not get into an, "Oh, my goodness," place. You don't have to be in that place.

2016-0116-047 Know that truly you are the flame of the candle. You are the flashlight that is beaming your Light onto everything that may be seemingly dark, because it really isn't dark. It's just missing its Light. So you come along and you shine your Light. You do that in the marketplace, and other people find what they are looking for. They think they're looking for the oatmeal. They are looking for love, for acceptance.

2016-0116-048 Go forth in this year. Celebrate every day as your birth day. You are born anew. So be it.